

HOW PARENTS CAN HELP THEIR CHILD THRIVE AT SCHOOL

by @inner_drive | www.innerdrive.co.uk

- ▶ **Have high academic expectations**
- ▶ **Regular communication about how school is going**
- ▶ **Praise their processes, not their natural ability**
- ▶ **See their setbacks as learning opportunities**
- ▶ **Eat dinner together round the table**
- ▶ **Set clear homework rules**
- ▶ **Ask open ended questions**
- ▶ **Foster good reading habits**
- ▶ **Spend time talking about about non-school stuff**
- ▶ **Create both challenging and supportive environments**
- ▶ **Have a consistent and calm bedtime routine for them**

